

University of Pretoria Yearbook 2018

Sports injuries II 210 (EXE 210)

Qualification Undergraduate

Faculty [Faculty of Health Sciences](#)

Module credits 16.00

Prerequisites EXE 110

Contact time 3 lectures per week

Language of tuition Afrikaans and English are used in one class

Department Biokinetics and Sports Science

Period of presentation Semester 1

Module content

*Closed – requires departmental selection Overuse injuries, lower limb injuries, knee injuries, and shoulder injuries. Sport-16 specific injuries, sports massage, and advanced CPR.

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